



# CRESTON ELEMENTARY WILBUR-CRESTON JR HIGH WEEKLY BULLETIN



October 17, 2022

ABSENT:

## HIGH SCHOOL SPORTS

- \* **MONDAY:**
- \* **TUESDAY:**
- \* **WEDNESDAY:**
- \* **THURSDAY:**
  - \* Volleyball in Wilbur vs Lake Roosevelt.  
Varsity only starting at 6:30pm.
- \* **FRIDAY:**
  - \* Football in Wilbur vs Wellpinit at 7pm.
- \* **SATURDAY:**
  - \* Volleyball in Wilbur vs Odessa. Varsity at noon, JV at 1:30pm.

## JR HIGH SPORTS

- \* **MONDAY:**
  - \* Volleyball in Creston vs Odessa at 4pm.  
End of Season Banquet to follow.
- \* **TUESDAY:**
- \* **WEDNESDAY:**
- \* **THURSDAY:**
  - \* Football in Wilbur vs Davenport at 4pm.
- \* **FRIDAY:**
- \* **SATURDAY:**

\*\*\*Please be aware that the sports schedule changes often, so please check to make sure the date and time are correct\*\*\*

\*\*\*If you are interested in playing JH Girls Basketball or Wrestling, please sign up on the trophy case outside of the gym!\*\*\*

## BREAKFAST/LUNCH MENU

### MONDAY:

- \* Cold Cereal and Toast or Strawberry Mini Bagel
- \* Mac-N-Cheese, Steamed Broccoli, Green Salad, and Strawberries

### TUESDAY:

- \* Cold Cereal and Toast or Chocolate Muffin and Yogurt
- \* Beef Taco Salad, Refried Beans, Corn on the Cob, Fritos, and Peaches

### WEDNESDAY:

- \* Cold Cereal and Toast or French Toast Sticks
- \* Turkey Deli Sandwich, Carrots, Snap Peas, Cucumbers, and Apples

### THURSDAY:

- \* Cold Cereal and Toast or Oatmeal
- \* Chicken Caesar Salad, Roasted Asparagus, Cherry Tomatoes, WW Roll, and Pears

### FRIDAY:

- \* Cold Cereal and Toast or Peach Parfait
- \* Chili, Carrots, Cinnamon Roll, and Applesauce

## ANNOUNCEMENTS

### Junior High Spirit Week

Monday—Semi Formal Day

Tuesday—Pajama Day

Wednesday—Hawaiian or Tourist Day

Thursday—School Color Day

Friday—Class Color Day

8A—Blue and Black

8B—Red and Black

7A—Black and Camo

7B—Tye Dye

- Picture Retakes—November 4th
  - If you need a packet, please come to the office and grab one.