

# CRESTON ELEMENTARY WILBUR-CRESTON JR HIGH

# **WEEKLY BULLETIN**



October 10, 2022

**ABSENT:** 

# **HIGH SCHOOL SPORTS**

- \* MONDAY:
- \* TUESDAY:
  - \* Volleyball in Wilbur vs ACH. Varsity—6pm, JV—7:30pm
- \* WEDNESDAY:
- \* THURSDAY:
  - \* Volleyball at Wellpinit at 6pm. Bus departs Wilbur at 3:30pm.
- \* FRIDAY:
  - \* Football at ACH at 7pm. Bus departs Wilbur at 4:30pm.
- \* SATURDAY:

## **JR HIGH SPORTS**

- \* MONDAY:
  - \* Volleyball in Creston vs Davenport at 4pm.
- \* TUESDAY:
- \* WEDNESDAY:.
  - \* Volleyball vs LR at Lind at 3:30pm. Excused at 12:50, depart at 1pm.
- \* THURSDAY:
  - \* Football in Wilbur vs Republic at 5pm.
- \* FRIDAY:
- \* SATURDAY:

\*\*\*Please be aware that the sports schedule changes often, so please check to make sure the date and time are correct\*\*\*

### BREAKFAST/LUNCH MENU

#### **MONDAY:**

- \* Cold Cereal and Toast or Mini Cinni Pull-Apart
- Pulled Pork Sandwich, Baked Beans, Potato Salad, Honeydew and Strawberries

#### **TUESDAY:**

- \* Cold Cereal and Toast or Mixed Berry Parfait
- \* Greek Turkey Pita, Carrots, Jicama, Bell Peppers, Hummus, Grapes, Pretzels, and Yogurt

#### **WEDNESDAY:**

- \* Cold Cereal and Toast or Waffle
- \* Teriyaki Chicken, Rice, Steamed Veggies, Mandarin Oranges, and Fortune Cookie

#### THURSDAY:

- \* Cold Cereal and Toast or Sausage on a Stick
- \* Ham Chef Salad, WW Roll, and Applesauce

#### FRIDAY:

- \* Cold Cereal and Toast or Raspberry Overnight Oats
- \* Cheese Bagel Pizza, Caesar Salad, Carrots, Cherry Tomatoes, Cucumbers, and Pineapple

# **ANNOUNCEMENTS**

# <u>Junior High Spirit Week</u>

Monday—Semi Formal Day

Tuesday—Pajama Day

Wednesday—Hawaiian or Tourist Day

Thursday—School Color Day

Friday— Class Color Day

8A—Blue and Black

8B—Red and Black

7A—Black and Camo

7B—Tye Dye