

October 2019

Monday	Tuesday	Wednesday	Thursday	Friday
*All breakfast menus will be served with option of juice and/or fruit	Cold Cereal and Toast Or Egg and Cheese Biscuit Hamburger w/Trimmings, Baked Beans, Watermelon, and Pudding Cup	Cold Cereal and Toast Or Blueberry Bagel Grilled Cheese, Tomato Soup, Baby Carrots, Grapes, and Yogurt	Cold Cereal and Toast Or Mini Cinni Pull Apart Chicken Strip Wrap, Fresh Veggie with Hummus, Kiwi and Mandarin Oranges	Cold Cereal and Toast Or Parfait and Muffin Sloppy Joes, Fresh Veggies, and Apples
	1	2	3	4
Cold Cereal and Toast Or Pancakes Meatball Sub, Caesar Salad, Fresh Veggies, and Pears	Cold Cereal and Toast Or French Toast Chicken Patty on a Bun w/Trimmings, Fresh Veggies, and Apples	Cold Cereal and Toast Or Sausage on a Stick Chili, Cinnamon Roll, and Applesauce	Cold Cereal and Toast Or Ham and Cheese Omelette Orange Chicken, Rice, Steamed Veggies, Spring Roll, and Mandarin Oranges	Cold Cereal and Toast Or Breakfast Round and Yogurt Turkey Chef Salad w/Cherry Tomatoes, WW Roll, Yogurt, and Peaches
7	8	9	10	11
Cold Cereal and Toast Or Strawberry Mini Bagel Chicken Nuggets, Coleslaw, Fresh Veggies, and Cantaloupe	Cold Cereal and Toast Or Ham/Egg/Cheese Croissant Hot Dog, French Fries, Baked Beans, Sauerkraut, and Green Grapes	Cold Cereal and Toast Or Biscuit and Gravy Lasagna Roll-Up, Caesar Salad, Pesto Tomatoes, and Pears	Cold Cereal and Toast Or Bagel Pizza Chicken Taco Salad, Marinated Black Beans, Corn, and Peaches	Cold Cereal and Toast Or Mini Breakfast Pizza Cheese Filled Pizza Sticks, Green Salad, Fresh Veggies, and Grapes
14	15	16	17	18
Cold Cereal and Toast Or Waffle Mac-N-Cheese, Steamed Broccoli, Green Salad, and Strawberries	Cold Cereal and Toast Or Mini Breakfast Pizza Baked Spaghetti, Green Salad, Green Peas, and Orange Wedges	Cold Cereal and Toast Or Cinnamon Glazed French Toast Biscuit and Gravy, Roasted Potatoes w/Salsa, Yogurt, and Mixed Fresh Fruit	Cold Cereal and Toast Or Sausage/Egg/Cheese Biscuit Chicken Caesar Salad, Cherry Tomatoes, WW Roll, Roasted Asparagus, and Pears	Cold Cereal and Toast Or French Toast Sticks Pepperoni Pizza Rippers, Green Salad, Fresh Veggies, and Pineapple
21	22	23	24	25
Cold Cereal and Toast Or Biscuit and Gravy Teriyaki Dippers, Rice, Steamed Veggies, Chow Mein, and Pineapple	Cold Cereal and Toast Or French Toast Sticks Greek Turkey Pita, Fresh Veggies w/Hummus, Grapes, Pretzels, and Yogurt	Cold Cereal and Toast Or Sausage on a Stick Chicken Chili, Honey Corn Biscuit, and Applesauce	Cold Cereal and Toast Or Dutch Waffle Spider Webs Mummy Dogs, Tater Tots, Fresh Veggies, Sliced Apples, and Treat	Creston School is an equal opportunity provider. Milk is served with all meals.
28	29	30	31	

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